



# Base Bulletin

Vandenberg AFB, CA 93437-0759



28 April 2004

No. 17

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to [publishing.vafb@vandenberg.af.mil](mailto:publishing.vafb@vandenberg.af.mil) or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

## SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

## SECTION II — OFFICIAL

### 1. Team Vandenberg:

**a. Quarterly Security Managers Meeting:** The 1st Quarter Unit Security Managers Meeting will be held in the WROCC Auditorium, Bldg 7025 on 30 Apr 04 from 0900—1100. This is a mandatory meeting; the primary or alternate security manager must attend. If they are unable to attend, a designated person must represent the unit. Please direct any questions pertaining to this matter to the Information Security Office at 6-4354. (30SFS/SFAI)

**b. Youth Center Parent's Advisory Council Meeting:** The Youth Center Parent's Advisory Council will meet Wednesday, 5 May 04, 1130 at the Youth Center. Lunch is provided by the Youth Center Staff. If you are a parent of a child that attends the Youth Center, please make time to attend this meeting. For more information, contact Ms. Huggins at 6-0345. (30SCS/SCBH)

**c. Vandenberg AFB Technology Exposition:** The Vandenberg AFB Technology Expo will be held on Wednesday, 5 May 04, in the Bldg 14002 (Wyoming Ave) Student Lounge, from 1000—1400. All personnel are invited to attend at no fee. Exhibitors will be on-hand demonstrating the latest computer hardware, software and services. Complimentary refreshments will be served. Free giveaways will be available while supplies last. This event is hosted by 30th Space Communications Squadron. For more information contact Becky Young, (301) 596-8899 ext. 252, or [young@ncsievents.com](mailto:young@ncsievents.com). (30SCS/SCB, 6-4019)

**d. Retirement Ceremony:** A retirement ceremony honoring MSgt Dana Sikes from 30th Civil Engineering Squadron will be held on 7 May 04, at 1000, in the AETC Auditorium, Bldg 8290. There will be a BBQ following at Bldg 10715; serving starts at 1200. The menu includes chicken, ribs, sides and a drink for \$6.00 a plate. Tickets for the BBQ are available at 30CES/CSS, Bldg 11442, 6-5306. Sales will end COB 4 May 04. (30CES/CEO, 6-6855)

**e. Air Force Assistance Fund (AFAF):** The 2004 Vandenberg AFB AFAF campaign runs through 7 May 04. The AFAF is composed of four affiliates: the Air Force Aid Society, the Air Force Village, the Air Force Enlisted Fund and the LeMay Foundation. Contributions to these affiliates provide much needed financial assistance through numerous programs to active duty, reserve, guard, retirees and their families. Unit project officers and key workers will canvass their units for contributions during the campaign period. Only active duty personnel will be directly solicited. However, unsolicited contributions from civilians and private organizations are welcome. The installation project officer is Capt Mark Shoemaker, 5-4040. (2SLS/DOB)

**f. Retirement Ceremony:** Lt Col Sam Epperson, Commander of the 381st Training Support Squadron, would like to invite all interested Vandenberg Base members to the retirement ceremony for MSgt James Bakos. The event will be held at 0900 in the 381st Training Group Auditorium on the 11th of May 2004. Please contact Capt Haney at 5-2116 for any questions. (381TRG/TSR)

**g. Joint Pacific Area Scheduling Office (JPASO) Scheduling Conference:** The next JPASO Scheduling Conference will be held 12 May 04 at 1000 in Bldg 7025, WROCC auditorium. There will be a special

**TEAM VANDENBERG**

Lockheed Martin Airborne Sensor presentation during the meeting. In addition several range scheduling briefings are planned with presentations by JPASO Pacific area range representatives including PMRF Barking Sands HI, Naval Air Pt. Mugu CA, 22 Space Operations Squadron, Peterson AFB CO, Reagan Test Site U.S. Army Kwajalein Atoll, and others discussing range instrumentation, maintenance, operations schedules, and related topics. Contact is Russ Johnson at 6-8985. (30RANS/DOUS)

**h. Calling All Grads:** The next US Air Force Academy Association of Graduates (USAFA AOG), Central Coast Chapter event will take place Saturday, 22 May 04, at the Marshallia Ranch Golf Course starting at 1700 for social and 1730 for dinner. Brig General David A. Wagie, Dean of Faculty, is the guest speaker. The menu is Santa Maria BBQ. Le Cuvier Winery will also be part of the social hour entertainment and enjoyment. Cost is \$20 a person. Please contact Capt Ericka Brewington at 5-0761 or via e-mail at [ericka.brewington@vandenberg.af.mil](mailto:ericka.brewington@vandenberg.af.mil) to purchase your tickets. (14AF/CCP)

**i. Safety Briefing:** The 101 Critical Days of Summer Campaign will kick off with mass briefings at the Base Theater on Tuesday, 25 May 04. Attendance is mandatory for 30SW personnel, attendance will be taken. Personnel must attend one of three sessions scheduled: 0800, 1000 or 1300. (30SW/SEGB, 6-8804)

**j. Attention Military Service Station Customers:** The military service station will be closed on the following dates for leak testing: 29 Apr 04, 1700—1900, 6 May 04, 1700—1900, and 10 May 04, 1000—1200. In addition, the service station will be closed on 11 May 04, at 0900, for leak testing by Santa Barbara County. The service station will reopen when Santa Barbara representatives complete the testing. Contact Mr. B.K. Ficklin. (30LRS/LGRMF, 6-8710)

**k. Office Closure:** The 30th Comptrollers Squadron will close at 1100 on Friday, 21 May 04, for an official function. The offices will re-open Monday, 24 May 04 at 0800. If you have a financial emergency, please contact 1Lt Armstrong at 588-0701. (30CPTS/FMFC)

**l. Office Closure:** The 30th Comptrollers Squadron, Financial Services Flight, (Customer Service, Customer Support, Disbursing and Accounting Liaison Office) will close at 1300 on Friday, 28 May 04, for an official function. The offices will re-open Tuesday, 1 Jun 04 at 0800. If you have a financial emergency, please contact 1Lt Armstrong at 588-0701. (30CPTS/FMFC)

**m. Reinstatement of the Career Job Reservation (CJR) Program:** The CJR program will be reinstated effective 1 May 04 as outlined in AFI 36-2606, Reenlistment In the United States Air Force (paragraphs 1.14 through 1.20). The program will now include a list of overmanned AFSCs being constrained, a CJR rank order/waiting list process (UIF, top 3 EPRs, grade, projected grade, DOR, TAFMSD, DOS) and establishes CJR application windows. First Term Airmen (FTA) in all AFSCs must apply for and receive an approved CJR to reenlist. This program change is one of many tools being implemented under Force Shaping on 1 May 04, the CJR program will include constrained AFSCs with CJR quota(s) and a CJR rank order/waiting list process. This process will limit FTA reenlistments in AFSCs placed on the constrained list. This effort will help balance manning between overage and shortage career fields by prompting individuals to consider retraining should they not readily obtain a CJR in their current AFSC. Members who do not receive a CJR, or are not approved for retraining, will separate from service. All currently affected members will be notified by MPF through CSS. Contact your CSS or Ricke Gillison at 6-4821, e-mail [Ricke.Gillison@vandenberg.af.mil](mailto:Ricke.Gillison@vandenberg.af.mil). (30MSS/DPMPE)

**n. High School Seniors Assignment Deferment (HSSAD) Program:** A. Squadron Commander Action 1) for officers (Lt Col & below), commanders are responsible for administering the HSSAD program in conjunction with the Officer Air Force Assignment System (AFAS). 2) For enlisted (SMSgt & below), make an approval/disapproval recommendation and have the member submit their request to the servicing MPF for final processing. B. Members approved for a HSSAD are coded in MilPDS with Assignment Availability Code (AAC) 85. The availability date is the first day of the second month after the dependent's high school senior graduation date or member's DEROS. Contact Outbound Assignments at 5-0290 or visit the web site at [https://intranet.vandenberg.af.mil/organization/30msg/30MSS/mpf/mpf\\_weekly/2004\\_archive/apr-04-2.doc](https://intranet.vandenberg.af.mil/organization/30msg/30MSS/mpf/mpf_weekly/2004_archive/apr-04-2.doc) (30MSS/DPMA)

**o. Quarterly Awards Winners:** The 30th Operations Group proudly recognizes their quarterly award winners! (30OG/CCX, 6-1839)

Name	Category	Unit
1Lt Rudi Diamco	CGO	30th Operations Group, Stan/Eval
MSgt Hermel Montero Jr.	SNCO	30th Space Communications Squadron
SSgt Paul Hendrix	NCO	30th Space Communications Squadron
A1C Diarra Morris	Amn	2d Range Operations Squadron
Ms Cindy Castillo	Civilian Cat I	30th Range Management Squadron
Ms Jan Kays	Civilian Cat II	30th Space Communications Squadron

**p. Are You A Dangerous Driver?** Have you ever been a victim of road rage? What has been your impulse? At least half of motorists who were polled admitted making obscene or rude gestures/comments to other drivers, particularly those who cut them off on the highway. However, we've all read in the papers or seen on TV the ramifications of road rage. Aggressive driving is one thing; road rage is criminal! Here are some tips to survive road rage: 1. Don't engage. 2. Ensure your seat belts are firmly in place, just in case you have to take evasive action to avoid the perpetrator's aggressive moves! 3. Stay calm, and control the urge to retaliate. 4. Avoid eye contact with the perpetrator. However, stay vigilant on the perpetrator's moves. 5. Drop back, pull over to another lane, or anything else to avoid the driver. Under no circumstances should you pull off the road-this will just give the perpetrator reason to cause harm you and your passengers harm!! 6. Don't honk your horn, use your high beams, or show rude gestures-this will just inflame the perpetrator's temper even more out of control. The Bottom Line: Drive defensively at all times, and be as courteous as you can be to your fellow road travelers. It may literally save your life! (30SW/SEGB, 6-8804)

**q. Airmen Against Drunk Driving (AADD):** Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

## **2. 30th Space Communications Squadron: (30SCS)**

**a. Need EMSEC training?** Look for a global e-mail called: "PC, Security & ADPE Classes" by Ms. Lexi Schwartz. In addition to EMSEC, you will find other security training opportunities for: Unit Computer Security Manager, Computer Certification and Accreditation, and IAAP (SATE) training courses. To register, or for more information, contact Ms. Lexi Schwartz at [Lexi.Schwartz@vandenberg.af.mil](mailto:Lexi.Schwartz@vandenberg.af.mil). For questions only, not reservations, call 6-3771. EMSEC contact is TSgt Greene, 5-2352. (30SCS/SCBI)

**b. Vandenberg Electronic Publishing Distribution Library (VEPDL) Changes:** Supplements, issued by the 30th Space Wing and 14th Air Force, are now available within the series listing for the issuing organization. This change was made after reviewing the number of calls received needing assistance to find a supplement. All publications for a particular topic are now located in one place. If you experience any difficulties, please call Publishing for assistance. (30SCS/SCSP, 6-7892)

**c. New Supplement:** The new supplement, AFSPCI36-2202\_30SWSUP1, Mission Ready Training, Evaluation and Standardization Programs is now available on the VEPDL at: <http://vepdl.vandenberg.af.mil/30swpubs/36series.htm>. Please take the time to review this new publication. (30SCS/SCSP, 6-7892)

## **3. Traffic Management Office: (30LRS)**

**a. Separating, Retiring or PCSing?** Plan Ahead! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)

**b. It's Your Move:** If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. (30LRS/LGRT, 6-6932/33)

**c. Shipping Your Pet:** If you are PCSing overseas with your pet, the following website contains useful information and web links: <https://amclg.scott.af.mil/cgi-bin/index.pl?dd=/don/lgtp&ti=HQ+AMC/LGTP+-+Passenger+Policy>. HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. (30LRS/LGRT, 6-6932/33)

## **4. Civilian Personnel: (30MSS/DPCE, 6-5847)**

**a. Voluntary Leave Transfer Program:** Alana M. Davenport - 30CES/CEOEC Vandenberg AFB, Ronald Mosley - Selfridge ANGB, Michael Baca - HQ ARPC/MSC, Sandra Jernigan, Betty O'Herlihy, Howard Brown, and Tim Jones - Luke AFB, Glenda Bennet - Peterson AFB, Herlene Thurman and Cheryl Scott - Los Angeles AFB, Carolyn DeLaGarza - Langley AFB, Johnna DeSimone - Schriever AFB, Dionisio Esteban - Onizuka AFS, Contine Francis and Janice Shinkle - MacDill AFB, Delores Green - Dobbins ARB, Wilson Holloway and Frank Valentik - Avon Park AFR, Charles Howard - Vance AFB, Jane Kelsey and Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, Mary Maurer, and Lisa Wiggs - Patrick AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, Sue Sommers - Scott AFB, Jeneke Lacy, Jacquelyn Schmidt and Carol Vilcek - AF Academy, and Mike Weatherly - Homestead ARB are all in need of



leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: [www.opm.gov/FORMS/PDF\\_FILL/opm630A.pdf](http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf) (30MSS/DPCE, 6-5847)

**b. Weingarten Right:** Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met: a. The meeting between the employee and management official(s) must be an examination, b. The examination must be in connection with an investigation, c. The employee must reasonably believe that disciplinary action may result from the meeting; and d. The employee must request representation. (30MSS/DPCE, 6-5847)

#### 5. 30<sup>th</sup> Medical Group: (30MDG)

**a. Healthcare Consumer Advisory Counsel Meeting:** The Healthcare Consumer's Advisory Committee will convene on Monday, 10 May 04, at 1030, in the 30th Medical Group's Commander's Conference room. Please share all concerns with your Unit Health Monitor. (30MDOS/SGO, 6-3308)

**b. Pharmacy Active Duty in Uniform Priority Policy:** Active duty in uniform will have priority at the new and refill medication pick-up windows from 1100 to 1300. No need to take a number. (30MDOS, 6-3308)

**c. Pharmacy Numbering System:** To protect patient privacy and prevent potential safety hazards associated with long lines, the pharmacy implemented a numbering system at new and refill medication pick-up windows. **To pick-up refill medications,** take a number from refill pick-up window and have a seat in the refill waiting area. There is a number display set up in the waiting area so you will know which number is being served. **To pick-up new medications:** If you choose to wait for your medications, you do not have to take a number. Just please have a seat and wait until your name is called. If your drop off your prescriptions, take a number **only** when you come back at a later time to pick up your medications. Contact Capt Sohn, 6 5689. (30MDG/SGO)

**d. Evaluation of TRICARE Standard Healthcare Option:** Beginning the week of 26 Apr 04, the TRICARE Management Activity (TMA), Health Program Analysis and Evaluation Directorate (HPA&E), under authority of the Office of the Assistant Secretary of Defense (Health Affairs)/TMA Office of the Deputy Assistant Secretary of Defense, will undertake an evaluation of the Department of Defense's TRICARE Standard health care option, focusing on the issues identified in Section 723 of the National Defense authorization Act for FY2004. These issues address the interests of Congress in determining the number of civilian providers who accept TRICARE rates as payment in full for the healthcare services they provide. Telephone surveys of civilian healthcare providers (MDs and DOs) will be conducted in TRICARE market areas to determine how many healthcare providers are accepting new patients under TRICARE Standard in each market area. Telephone surveys will be conducted in at least 20 TRICARE market areas each fiscal year starting in FY 2004 until all market areas have been surveyed. We solicit your support. Your contact for more information is Mary Uyeda, Ph.D., Project Director, 800-388-4264, 0800-1700 CST. (30MDOS, SGO)

#### 6. 30th Security Forces Squadron: (30SFS)

**a. Installation Entry Gate Hours:** The Santa Maria, Solvang and Timber Lane Gates are open 24 hours a day. The Utah Gate is open from 0600—2200, Monday thru Sunday. The Lompoc Gate is open from 0600—1900, Monday thru Friday. The Titan Gate is closed. (30SFS/SFOC, 6-3911)

**b. Neighborhood Watch Program:** This program is run by you and designed to help ensure a safe and secure neighborhood. If interested in starting this program in your area call 5-0792. (30SFS/SFOS)

**c. Vacation Quarters Check:** If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792. (30SFS/SFOS)

#### 7. 30th Civil Engineering Squadron: (30 CES)

**a. Attention All Facility Managers:** Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call A1C Campos at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3, attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager Training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOF, 6-0010)

**b. Military Family Housing (MFH) Spring Cleaning:** This year's base-wide spring clean up has begun and will last through 2 May 04. During the workweek, facility managers are to clean inside and around their

facilities. Areas that require attention from Civil Engineering should be identified as soon as possible. Beginning 30 Apr 04, Military Family Housing residents are to ensure that the appearance of their yards meets the following standards: Mow all lawn areas to a maximum of 3-inches. Perform weeding in areas where mowing is not possible. Edge around all lawn borders, including pavements, gardening, and structures. Trim hedges, shrubs, and bushes. They should not be high enough to block any windows and should be at least 12-inches below any roof eaves. They should be at least 4-inches from walls.

**c. MFH Bulk Pick-up:** 30CES will be collecting bulk waste from 1400—1700 on Friday, 30 Apr 04, Saturday, 1 May 04 and Sunday, 2 May 04. Bulk waste is comprised of tree and yard trimmings, food waste and trash, scrap lumber, furniture, washers, dryers, and tires. Hazardous wastes can be deposited at Bldg 6830 (CAP) between 0700 and 1600 on Friday, 30 Apr 04 and Saturday, 1 May 04 only. Hazardous wastes include batteries, pesticides, paints, petroleum products, television and computer monitors, and items containing mercury. The Self Help Center, located in Bldg 11462, can provide you with Weed-X, grass seed, decorative bark, fertilizer, and more. Inspectors will periodically check progress. Residents should plan in advance if they will not be around for the weekend. (30CES/CEOE, 6-5601)

**d. Recreational Vehicles, Boats And Trailers:** A recreational vehicle (RV) is defined as that which could reasonably be judged to be one or more of the following: boat, camper, cargo truck, motor home, or pickup camper if the camper or camper shell is wider or longer than the pickup bed or trailer. Store recreational vehicles and pickup trucks with campers not used as daily transportation in the RV storage area, located in the northeast corner or 13<sup>th</sup> Street and New Mexico Ave. The Outdoor Recreational Center controls the storage lot. Recreational vehicles may be parked in the housing area for a period not to exceed 72 hours for loading, unloading, or cleaning purposes. (30CES/CEH 6-3795)

**e. Lawn/Garage/Carport Sales:** Lawn/garage/carport sales are permitted twice a year and just prior to termination of your home. Limit sales to daylight hours only and no more than three consecutive days. You may display no more than 2 signs each up to four-foot square on your property to advertise the sale. Display the signs only during the hours of the sale. Signs must be removed at the end of each day of the sale. Refrain from posting any signs on telephone or power poles, street light poles, street signs, trees, mailboxes, free standing, or fire hydrants, etc. You may place an article in the Space and Missile Times, the Base Bulletin or by calling the Lompoc Record. Do not leave unsold items outside in front of your home after the sale. (30CES/CEH 6-3795)

#### **8. Air Force Reserves:** (30MSS/ISR)

**Briefing:** The next Air Force Reserve briefing is 11 May 04, at 1300, in Bldg 11777, Rm C-206. If you are interested in applying for this program, you must contact MSgt Brenda Kartheiser to schedule a briefing. (AF Reserve Recruiter, 6-2704)

**OFFICIAL**

**FRANK GALLEGOS**  
**Colonel, USAF**  
**Commander**

**Mary E. Meyer**  
**Chief, Publishing Management**

### **SECTION III — UNOFFICIAL**

#### **General Information:**

**a. Base Theater Marquee:** The following movies will be shown at the Base Theater, Bldg 13750 the weekend of 30 Apr-2 May 04. Call 606-5565 for recorded movie information only.

<b>Day</b>	<b>Date</b>	<b>Movie</b>	<b>Rating</b>	<b>Opens</b>	<b>Starts</b>
Friday	30 Apr 04	"Dawn of The Dead"	R	1830	1900
Saturday	1 May 04	"Taking Lives"	R	1830	1900
Sunday	2 May 04	"Never Die Alone"	R	1330	1400

E-mail Vanessa Probert at [ProbertV@aafes.com](mailto:ProbertV@aafes.com). (AAFES)

**b. American Lung Association Asthma Walk:** The American Lung Association of Santa Barbara and Ventura Counties is sponsoring an Asthma Walk on Saturday, 1 May 04, from 0830—1300 at Ryon Park in Lompoc. Everyone is invited to take part in this event and help raise money to defeat asthma. You can start your own team or join ours! For more information, please contact Shilo Lucyk at 734-1265, email: [ps.lucyk@verizon.net](mailto:ps.lucyk@verizon.net) or Breea Lemm at 6-8631, e-mail: [Breea.Lemm@vandenberg.af.mil](mailto:Breea.Lemm@vandenberg.af.mil). (30WS/DOV)

**c. Woodwind Chamber Music Concert:** The Lompoc Concert Association's 56th year of concerts concludes on Saturday, 1 May 04. Calico Winds Quintet takes woodwind chamber music to the forefront of the chamber music world. The performance will be held at 1930 in The Trinity Church of the Nazarene at 500 E. North Avenue in Lompoc. The five Calico Wind ladies play on a variety of wind instruments including flute, piccolo, oboe, English horn, clarinet, bassoon, and horn. Single tickets may be purchased for this concert at the door: \$15.00 for adults and \$7.00 for students. For more information, contact Subscription Chairman, Vivian Dew at 733-4006 or co-chairman Jean Jacoby at 736-8713, Santa Ynez area, Anabelle Dalberg at 688-4687.

**d. May Food Service Events:** For more details contact SSgt Bethany Lopez at 6-5496. (30SVS/SVMX)

Date	Event	Start Time	Location(s)
5 May 04	Cinco de Mayo Meal	1100	All Dining Facilities
14 May 04	Armed Forces Meal	1100	All Dining Facilities
19 May 04	Dining Facility Advisory Board Meeting	1000	Breakers
19 May 04	Asian Pacific Heritage Month Meal	1100	All Dining Facilities
20 May 04	2nd Quarter Birthday Meal	1700	Breakers
30 May 04	Memorial Day Meal	1030	Breakers & Beachcomber

**e. Asian-Pacific American Heritage Month:** On 10 May 04, at 1100—1300, is our Kick-Off Celebration! It's the opening ceremony food tasting to start everything off, located at the Services Center. On 14 May 04, at 1100—1300, is the APAA Fund Raiser. Enjoy a delicious Asian Cuisine during lunch \$5.50. Our menu includes: Lumpia, pancit, chicken adobo, and steamed rice w/drinks. Located at the Base Library parking lot. On 4 Jun 04, from 1800—2115 is the Asian-Pacific American Heritage Banquet with ethnic dances from different Asian countries at the Pacific Coast Club for \$17.50. Ticket contacts for both the Fund Raiser and Banquet are: Capt Mun Lee, 6-6368, Ms. Arlene Lepper, 6-9360, Ms Sonny Apilado, 6-1936, Capt Richard Domingo, 6-3737, and Ms. Sherry Raymundo, 6-5214. (576FLTS)

**f. Santa Barbara Area Special Olympic Games:** The Santa Barbara Area Special Olympic games will be held at Vandenberg AFB on Saturday, 15 May 04. Volunteers are needed to setup and tear down equipment, escort athletes and work individual events. If you would like to volunteer or have any questions please contact Capt Mike Mench at 5-6279 or Capt Jeremy Olson at 5-6345. (576FLTS/TEO)

**g. Patriot Voices:** Get involved and get noticed. Patriot Voices is looking for new members. We sing the national anthem at many base functions and in the local community and have practice every Tuesday in the main Chapel at 1645. Come out and join this exciting group of singing Airmen. No solos required. Call Capt Todd Frommeyer at 5-7863 for more details. (14AF/JA)

**h. Money To Run!** Always wanted to run in the USAF Marathon at Wright Patterson AFB, OH? Here is a chance to go, and get some of the costs paid for. All you need to do is file an AF Form 303 (Request for USAF Specialized Sports Training) through the Base Recreation Center. Pick up the form on the web at <http://www.e-publishing.af.mil/forms/formlist.asp?puborg=AF&series=0300-0399> There is a recommended deadline of 15 May 04 to file this form, even though the marathon is in September. Beginning marathon training now will help prepare you for success! For information contact the Recreation Center or Capt Paul Onderwater, 533TRS at 6-1541 x 3723, or e-mail at [paul.underwater@vandenberg.af.mil](mailto:paul.underwater@vandenberg.af.mil). (533TRS/DOC)

**i. Looking for a Volunteer Activity To Share With Your Children?** If you're interested in a worthwhile volunteer program for your son or daughter, Civil Air Patrol may be exactly what you've been looking for! CAP's cadet program has more than 27,000 members, ages 12 to 20, throughout the nation. Parents of cadets credit our program with communicating to their children the importance of personal integrity, accountability, self-discipline and respect for others. Because CAP includes both cadet and senior members, this can be an outstanding volunteer activity for your whole family. You can work together to serve your local community, learn new skills and share a common commitment to making our nation stronger and more secure. Want to learn more, contact the Squadron Commander, Lt Col Erich Schatzle, at 5-3015 or DSN 275-3015 or via e-mail: [sq101@cawg.cap.gov](mailto:sq101@cawg.cap.gov). Stop by a meeting Wednesday nights, 1830-2100, 1st & 3rd weeks at Bldg 9360 and 2nd & 4th weeks at Santa Maria Airport. Also check us out on the web at [http://www.vandenberg.af.mil/civil\\_air\\_patrol/101/index.html](http://www.vandenberg.af.mil/civil_air_patrol/101/index.html) or <http://www.cap.gov/>. (CAP)

**Health and Wellness Center:** (30MDG/HAWC, 6-2221)

**a. Tobacco Cessation Classes:** The HAWC now offers evening Tobacco Cessation classes from 1600—1700 at the HAWC, the class dates are as follows: 17 Jun 04—2 Jul 04, 12 Aug 04—6 Sep 04, 7 Oct 04—8 Nov 04. For those individuals unable to attend the day or evening classes, a take home CD-Rom version of the class is also available. For more information please contact the HAWC at 6-2221.

**b. HAWC On-line Class Sign-ups:** Please go to [www.php-ids.com](http://www.php-ids.com) to register as a new student and sign up: Fitness Improvement Program (FIP), Healthy Living Workshop (HLW), and Body Composition Improvement Program (BCIP). For information regarding any of these classes, please call the HAWC at 6-2221.

**c. HAWC Announcement:** Effective 1 May 04, the Health and Wellness Center will no longer provide towels. Please be sure to bring your own towel if you plan to utilize our facility. Thank you. For more information, please call the HAWC at 6-2221.

**Chapel:** (30SW/HC, 6-5773)

**a. Worship Schedule: Catholic Mass:** Saturday, 1615—1645 confessions; 1700 Chapel 2; Sunday, 1000, Chapel 1, Daily Mass 1130 M-F, Chapel 2. **Protestant:** Praise & Worship 0830 Sunday, Chapel 2; Gospel 1130 Sunday, Chapel 2; Traditional 1130 Sunday, Chapel 1.

**b. The Vandenberg Jewish Community:** Hebrew and Bar Mitzvah classes are ongoing here on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

**c. Vandenberg Officer Christian Fellowship:** Vandenberg Officer Christian Fellowship (OCF) is a non-denominational bible study meeting Thursday nights, 1900, at the home of Maj Keith and Christy Keana, 612 Cherry St. Come join us for a time of study, fellowship and prayer. Please contact Maj Keana or Christy at 734-0696 (home) or 6-6461 for more information or e-mail [Keith.Keana@vandenberg.af.mil](mailto:Keith.Keana@vandenberg.af.mil)

**Family Support Center:** (To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit [www.php-ids.com](http://www.php-ids.com) (30MSS/DPF, 6-0039).

**a. Office Closure:** The Family Support Center is closed for staff training every Monday from 0730—0930. Personnel requiring emergency Air Force Aid will be assisted. Call 6-0039.

**b. Computer Resource Room:** The Family Support Center's Computer Resource Room is now open to customers needing to access the Internet for job searches, relocation assistance, or to stay in touch with the family if separated because of military obligations. Walk-ins are accepted from 0800—1600.

**c. Franklin Covey's 7 Habits of Highly Effective Families Program:** Join us for Franklin Covey's program designed specifically for Air Force families on 30 Apr 04, 1800—2100 and 1 May 04, 0800—1700 at the Family Support Center. Dinner and lunch will be provided. Saturday lunchtime will include "Family Table Time" enrichment activity. Children's activities will be provided. Limited to enrollment for 10 families with school-age children. To register call Family Support at 6-0039 or go to [www.php-ids.com](http://www.php-ids.com).

**d. BabyMeet:** If you are pregnant or the parent of a baby between the age of newborn to 2-years, this is an opportunity to get together with other families for discussions and socialization. This group will be meeting every Wednesday, 0900—1000 at the Base Library. For more information you can call Katie at 734-6758 or Anna at 734-6606.

**e. Playtime for Tots:** This group is need of a volunteer to coordinate this fun activity. They meet Wednesday mornings at 1000. This playgroup is for parents and the children ages 2 to 5. If you are interested in helping contact Linda Bastine at 6-0039.

**30th Services Squadron:** (30SVS/SVK, 6-0276)**a. Auto Hobby Shop:** (30SVS/SVRA, 6-6014)

- **Used Car Lot:** Try selling your used vehicle through the Auto Hobby Shop. Place your vehicle on the used car lot for \$6 per two weeks. You also have the option of listing your vehicle on the Services Squadron web site.

**b. Surf Lanes Bowling Center:** (30SVS/SVRB, 6-3209/734-1310)

- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Friday, 2200—0100, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!

**c. Breakers Dining:** (30SVS/SVMF, 6-7540)

- **Dial-a-Menu:** Call our telephone menu service and find out what's being served in your dining facility. The number is 6-8234.
- **Deployed Spouses:** Thursday, 1800. Open to all spouses and dependents of deployed members.



This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

**d. Child Development Center:** (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.

**e. Family Child Care:** (30SVS/SVYD, 6-3255)

- **Provider Training:** The need for Child-care Providers has never been greater! Help make a difference, find out how you can become a licensed child-care provider. Call Gwendolyn Jones, 6-4639 or 6-3255.

**f. Fitness Center:** (30SVS/SVMP, 6-3832)

- **All-Night Softball Tournament:** 7 May 04, 1800.
- **3-On-3 Volleyball:** 7 May 04, 1800.
- **5-On-5 Football Tournament:** 8 May 04, 1000.
- **Powerlifting Championships:** 26 Jun 04. A.A.U. Military National Powerlifting Championships at Little Rock AFB, Arkansas. Contact Darren Savella at the Fitness Center for more details and to pick up AF Form 303 for USAF support.
- **Pick-up Basketball:** Monday-Friday from 1100—1300, and Tuesday-Thursday from 1600—1700 at the Fitness Center.

**g. Library:** (30SVS/SVMG, 6-6414)

- **Patch Club Meeting:** 30 Apr 04, 1700 at the Library. The Patch Club is a book club for students from grades 2 to 5. Each month we pick a theme and participants read a book relating to that theme. Call the library for more information on how you can be involved.
- **Pre-School Storytime:** Thursday at 1000. It is appreciated if you can sign up if you are attending to help plan for supplies, but walk-ins are welcome.
- **Dial-a-Story:** The phone number is 606-4300 for this free story-telling service. Available 24/7, story changes Friday afternoons.
- **Book Clubs:** Interested in a Book Club? The library is seeking facilitators for new reading groups in women's literature, kid's reading patch clubs, mystery and adventure.

**h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)

- **Youth Golf Lessons:** Saturday, 1330. Lessons are available for youth ages 8-years and up. Cost is \$5 each session including use of rental club set and range balls.

**i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)

- **Rafting Guides:** Volunteers are needed to become whitewater guides. No experience is necessary, however training is physically demanding. For more information, please call Outdoor Rec at 6-5908.

**j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)

**Entertainment/Events:**

- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
- **Over the Hump Night:** Wednesday in the E-Lounge. Free wings and things starting at 1700 until gone. DJ and drink specials from 2000—2400.
- **DJ with Variety Music:** 30 Apr 04, 2100—0100, in the E-Lounge.
- **Karaoke Night:** 30 Apr 04, 1900—2300, in the Officers' Lounge.
- **Hip Hop/ R&B:** 1 May 04, 2200—0300, in the Enlisted Lounge. The best of R&B, Hip-Hop and old school with DJ Scorpio. Drink specials and give-a-ways. Club members - Free, Others - \$3.
- **Limited Evening Dining:** 3-6 May 04, due to Guardian Challenge events. Foggio's delivery available.
- **Mother's Day Brunch:** 9 May 04, 1000—1400.
- **Mongolian BBQ:** 12 May 04, 1800—2000.

**Menu:**

- **Weekly Lunch Buffets:** Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly); Wednesday - Santa Maria BBQ Buffet, Thursday - Chicken and Ribs Buffet, Friday - Seafood Buffet.
- **Monday Madness:** Monday evenings. All-you-can-eat pizza buffet with drink. Regular - \$7.00, Members - \$5.00, children under 12-years of age - \$3.00. (No coupons)
- **Fried Chicken Buffet:** Tuesday evenings, Pacific Fried Chicken Buffet with dessert. Regular - \$8.95, Members - \$6.95, children under 12-years - half-price, children 4-years and under - free.
- **Kids Night:** Wednesday evenings. Children under 12-years-old get a 6-inch mini pizza with choice of



toppings and soda - \$1.50. (No coupons)

- **Pasta Mania Buffet:** Thursday evenings. Regular - \$8.95, members - \$6.95, children under 12-years of age - half-price, children 4-years and under - free.

**k. Rod & Gun:** (30SVS/SVRR, 6-4560)

- **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.

**l. Services Center:** (30SVS/SVYR, 6-7976)

- **Six Flags Marine World:** Tickets are now on sale at the Services Center.
- **Universal Front of the Line Pass:** Enjoy priority access to the attractions, reserved seating at the most popular shows, plus behind-the-scenes privileges. Tickets on sale at the Services Center for \$65.
- **Sierra Summit Lift Tickets:** Sierra Summit ski lift tickets are available at the Information, Ticket and Travel (ITT) office. Cost is \$38.50 per person.
- **Travel Specials:** Complete air and land travel packages for Mexico and Hawaii, plus special rates on 3 and 4 day Baja Mexico cruises. Call Edwina at 6-1675 for more information.
- **Discovery Dining Books:** Now available at the Services Center for just \$15.00.

**m. Skills Development:** (30SVS/SVRS, 6-6438)

- **Stained-Glass Workshop:** 28 Apr 04, 1700. \$2.50 per hour + cost of materials.
- **Scrapbooking Workshop:** 29 Apr 04, 1800—2000. \$2.50 per hour + cost of materials.
- **Advanced Stained-Glass:** 1, 8, 15, 22 May 04, 1100-1400. Sign up for this four-part course at the Skills Development Center.
- **Spring Arts Festival:** Registration is underway at the Skills Development for vendors. Cost is \$25 for a single space or \$35 for two spaces. Event date is 15 May 04.

**n. Swimming Pool:** (30SVS/SVRO, 6-3581)

- **Pool is Currently Closed:** Due to repairs, the pool is closed until further notice.

**o. Veterinary Clinic:** (30SVS/SVRV, 6-3019)

- **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.

**p. Youth Center:** (30SVS/SVYY, 6-2152)

- **Summer Camp Registration:** It's time for Summer Camp registration at the Youth Center. Summer Camp starts 14 June 04 and runs through 20 Aug 04. We offer all kinds of fun activities to include swimming, bowling, field trips, theater and fine arts, science, cooking, gardening and fitness clubs. Priority registration for those already enrolled in the school age program is 19—23 April 04. To reserve your slot you must return your registration package with a \$20.00 non-refundable registration fee that will be applied to your first week of camp. Open enrollment is 26—30 Apr 04 based on a first come first serve basis.

**Education Center:** (30MSS/DPHE, 5-5904)

**a. Embry Riddle Aeronautical University:** ERAU offers associate and bachelor degree programs in Professional Aeronautics (BSPA) and Technical Management (BSTM). We also offer two graduate programs: Master of Science in Management (MSM) and Master of Aeronautical Science (MAS). The MAS has eight specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. Our summer term begins 24 May 04 and registration begins 10 May 04. The term schedule will be available on our website at [www.erau.edu/vandenberg](http://www.erau.edu/vandenberg) on 10 May 04. For current information regarding admissions and our programs call the office at 734-4076 or 6-6557. We have an extensive online catalog and have 150 locations worldwide. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday - Thursday 0830—1730 and Friday 0900—1200. Our e-mail is [Vandenberg.Center@erau.edu](mailto:Vandenberg.Center@erau.edu). (ERAU)

**b. Air and Space Basic Course (ASBC) and Squadron Officer School (SOS) In-Residence Programs for Civilians:** The call for nomination packages for civilians to attend ASBC and SOS in residence is out. Nomination packages must be submitted to the Careers Program Office at AFPC by 31 May 04. All packages must be routed through the Civilian Training Office for review. SOS packages must also be staffed Wing/CC endorsement. In-residence ASBC is a six and a half week program. For ASBC, applicants must be a PALACE Acquire, COPPER CAP, or Base Level Intern with at least six months of service by the beginning of FY05. In-residence SOS is a five-week program. Air Force civilian employees in the grade of GS-09 through GS-12, with at least three years of continuous civilian service by the beginning of FY05 are eligible to attend. Possession of a bachelor's degree and a secret clearance is highly desired. Procedures, the nomination form (AF Form 4059) and physical requirements can be found at: <http://www.afpc.randolph.af.mil/cp/guide/sec->

[4.htm](#). Further questions can be directed to Ms. Barbara LeFebvre, Civilian Training Manager at 5-5913. (30MSS/DPHE)

### Computer Training: (InDyne, 6-3771)

**a. Personal Computer Systems Training:** Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: [lexi.schwartz@vandenbergh.af.mil](mailto:lexi.schwartz@vandenbergh.af.mil)

**b. First Tip: Special AutoFills** - Here is an excellent way to use Excel's AutoFill to generate special lists. To fill a range of cells with EVEN numbers-1. In one cell, type the number **2**. 2. In the cell below, or to the right, type the number **4**. 3. Select both cells. 4. Using the AutoFill handle, that little black square in the bottom right corner of the range, drag down or to the right, covering the remaining cells you'd like to fill. Excel will fill the range with even numbers. **Second Tip: Word Page Fill** - Here's a handy function you can use whenever you need to fill a Word page with fake text - for example, to demonstrate a feature in Word or to work with page layout and design. In your Word document, type **=rand(4,5)** and then press **ENTER**. The numbers in parentheses correspond to the number of paragraphs (4) and the number of sentences per paragraph (5). You can change the numbers in parentheses to put more or less text on the page. Or if you want one long paragraph, just place one number in the parentheses, which will designate the number of sentences that should appear in the paragraph.

**c. Available Classes:** Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
Excel - Conditional Formatting	28 Apr 04	1130—1230
LAN Access Training	29 Apr 04	0800—1100
Excel 2000 Advanced	30 Apr 04	0800—1100
Word - Columns	30 Apr 04	1130—1230
LAN Access Training	3 May 04	1300—1600
Workgroup Managers Course	3-7 May 04	0800—1600
Internet Explorer - Tips and Tricks	3 May 04	1130—1230
PowerPoint 2000	3-7 May 04	0800—1100
Access Lab	4 May 04	1300—1600
Acrobat Reader	5 May 04	1130—1230
Word Advanced	5 May 04	1300—1600
Pocket PC	6 May 04	1300—1600
LAN Access Training	7 May 04	1300—1600
Windows - Tips and Tricks	7 May 04	1130—1230
Acrobat Writer Basics	10-11 May 04	0800—1100
Publisher 2000	10-13 May 04	1300—1600
Word - Forms & Tables	10 May 04	1130—1230
Front Page 2000	12-14 May 04	0800—1100
Office - Customizing Toolbars	12 May 04	1130—1230

**Note:** Walk-ins are always welcomed!

### Items For Sale:

**For Sale:** 2002 Lexus IS 300! 2-years-old, 21,000 miles. Original owners, 4 new tires, always garaged, non-smoker! Xlnt condition. Serious inquiries only. Call 805-588-8878 all day/or 734-0068 after 1700.

**For Sale:** 1997 Pontiac Bonneville SE. Excellent condition inside and out. Leather interior with all extras, inc. premium sound system, keyless entry, moon roof, new tires and battery. 110,000 miles. \$5500/obo. Call 740-1373 after 1700.

**For Sale:** 1996 Dodge Grand Caravan ES, fully loaded, premium sound, leather, front/rear air/heat, captains chairs, rack, privacy glass, etc. Great condition. \$7000. Call 934-0832 after 1500.

**For Sale:** 1993 Dodge Caravan LE Minivan, 3.3 Liter, Automatic, 7 pass, AC, PS, PW, PDL, Cruise, AM/FM Stereo, Cassette, ABS. New tires. Passed Smog. Mileage: 180,000. Well-maintained w/very clean interior. Asking \$2,700. Please call Joe at 739-0880/264-3103.

**For Sale:** 1992 Pontiac Bonneville SE. Very reliable and well maintained. Runs good, in good condition with all the power extras. \$1700/obo. Call 740-1373 after 1700.

**For Sale:** 2003 Kawasaki Vulcan 750cc, Like new! 2,400 miles, shaft drive, maroon and grey. Everything is perfect on this beautiful cruiser \$4,800/obo. Just upgraded to a Goldwing 1800. Call 588-7233.

**For Sale:** 2000 Honda Shadow A.C.E. 750cc motorcycle. Black and silver deluxe model, **3,900** miles, always garaged and like new condition. \$4,600/obo. Call 734-2050.

**For Sale:** 2000 Kawasaki 1500cc Vulcan Nomad, 19,200 miles, EFI, Shaft drive, silver on red w/gold trim. Easy to open hard bags, brand new tires. Always garaged. \$7,795/obo. Call 937-9026 after 1630.

**For Sale:** Two 2002 Yamaha 660 Raptor quads, \$5,000 ea/obo. One new 6.5 X 12ft trailer, \$700/obo. Call Matt 734-1404/588-5099.

**For Sale:** 20-inch Diablo DS5 spinning rim kit, the Battle Axe style that came from the Spot Lowrider. These are the top of the line spinners that will fit most cars and trucks \$1500/obo. Call 735-7239.

**For Sale:** Queen-size sofa bed with Oakwood-finish armrests, earth tone, multicolor, in very good condition; asking \$180, paid \$770 new. Call 349-7568 day, or 934-4239 eves, or leave message.

**For Sale:** Moving sale. Broyhill pine entertainment armoire, \$200; denim couch & chair, \$200/set; GE washer & dryer: \$125/set; glass-top table & 2 end tables, \$100/set; plantation blinds for guest bedroom window, \$35, Roman shade living rm window officer housing, \$25; wicker rocker w/pillow: \$25. 734-0018.

**For Sale:** Queen-size Basset sofa bed with partial Oakwood-finish armrests, earth tone, multi-color, in very good condition; paid \$770 new, asking \$180. Call 349-7568 days, or 934-4239 eves/or leave message.

**For Sale:** 2 AKC standard poodles, 10-mos-old, neutered males, litter mates, 1 black, and 1 white. Wonderful with kids. \$1,500 for pair. Will take payments. Call 734-9663 for more info or to see.

**Yard Sale:** Moving Sale, Saturday, 1 May 04, 0700—1400, 209 Fairlane Drive, VAFB, baby items, clothes, household items, and miscellaneous items. All items must go, just make an offer!